

REGIONAL MANAGEMENT GROUP MEETING

Date: July 24, 2015

Time: 9:00 a.m.

Attendees: Joe Wilson, Joe Rajnic, Alan Wooten, Jean Post, Lyanne Trumbull, Jim Newton, Suzanne Chis, Daryl Washington, Beth Tschopp, Gary Ambrose

Guests: Judith Korf, Laura Yager, Margaret Graham, Camilla Schwoebel, Michael Lane, Daniel Herr

Absent: Tisha Deeghan

Recorder: Julie Parkhurst

Call to Order: Joe Wilson called the meeting to order at 9:00 a.m. Welcome and introductions were made.

Notes: Notes from the June 26, 2015 meeting were approved and signed.

Handouts: Agenda, RMG Meeting Notes (June 26, 2015), Regional Utilization Management Report, FY15 HPR II Regional Funds Budget Status, Exceptions Report, Virginia Wounded Warrior Program, Regional Suicide Prevention handout.

| TOPIC | DISCUSSION | REC/ACTIONS | RESPON- SIBLE PARTY | F/U DATE |
|--|--|--|---------------------------------|-------------|
| New Regional Chairman | Joe Wilson announced that his last day with Loudoun County will be 8/14/15. M. Graham will be Acting executive Director for Loudoun. Alan Wooten will become the new Regional Chairman for RMG. | | | |
| Regional Projects Updates | <p>New Financial Analyst</p> <ul style="list-style-type: none"> Kathleen Culbertson will join NVRPO as a Financial Analyst on 7/27/15. <p>Birmingham Green</p> <ul style="list-style-type: none"> Consists of three facilities: 1) a skilled nursing facility, 2) Willow Oaks (HUD Project) and 3) District Home, which is private pay (\$3,600/month). The rates we pay are between \$22K and 38k annually. <p>DAD/NVMHI</p> <ul style="list-style-type: none"> Funds are being retained for NVMHI to use for discharge assistance purposes. <p>Exhibit D of Performance Contract</p> <ul style="list-style-type: none"> Concerns exist among REACH directors regarding REACH being held to standards and guidelines that keep shifting. Training standards have not yet been established. The manual needs to be finished. Items being captured are not clearly defined. A regional complaint process needs to be established. | <p>Agree on talking points and then Execs will discuss with Joel.</p> <p>Use vendor process.</p> | <p>REACH Dirs.</p> <p>HPRII</p> | |

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| Children's Crisis and System of Care Grant | <ul style="list-style-type: none"> • An overview was given of the children's crisis program. • The program will be expanded along the continuum. • Training for hi-fidelity wraparound services will be taking place. • Care coordinators will stabilize kids in the community and there will a collaborative care connection. • Teams will be located throughout the region for rapid response purposes. • After 90 days, children can go to their local CSB for further services. • An overview of the Collaborative Care Connection website was given. It is a HIPAA secure environment and is currently being used in Loudoun. It is hoped that it can be used for the ID population soon and ISPs can be uploaded. It has an electronic release form. • There are no care coordinators in Loudoun; they are all care coordinators now. The goal is to have 500 users by December. • Videoconferencing can be done and all is encrypted. • A mobile app is being developed for iOS and Android. • The website will be deployed with the grant and care coordinators will be trained. • Communication between CR2 and REACH will be key and this allows for quick communication between all. | NVRPO will look at cost. | | |
| IDD 1x Transition Funds | <ul style="list-style-type: none"> • \$500K was given for 100 consumers (\$5k each) to transition to community based services. • A portion of money provided (\$50k) for vendors to help distribute funds. No vendors have yet been identified. • \$87,500 was given to Fairfax. An RFP will be needed for an ID group home that will appeal to a vendor. | Connect J. Post to J. Cummins-Eisenhour. | D. Washington | |
| ID Waivers | <ul style="list-style-type: none"> • Slots are available for July. Slots for FY16 will be allocated in the same way. • Implement the new system by identifying new people available to provide leadership for committees and then help with logistics by Dec. 15. • Slot assignment committees will be formed and people only attend when invited. Select people to facilitate. • Waiting on rates. | | | |
| NVMHI | Jail Transfers <ul style="list-style-type: none"> • NVMHI currently has six jail transfers. • A psychologist has been hired for restorations. • A full time Director of Admissions has been hired. • Census is 126 today. 94 clients were discharged last month. | | | |

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| NVTC | <ul style="list-style-type: none"> Census is 55. A call for offers has been completed for the property. Packets were given to the group. Discharges to date per county were given to the group and data was discussed. It is hoped that all will be discharged by end of December 2015 and closing will take place in March 2016. Refurbishing of two homes (16 beds) is taking place. Whoever buys the property has to give up house within 90 days. Advoserv is on site. Approximately seven clients at NVTC will be in the refurbished housing. | | | |
| Regional Suicide Prevention | <ul style="list-style-type: none"> A handout was distributed to the group. An update was given on the program. \$125k has been received for another year (10/1/15 – 9/30/16). A presentation will be given to the Northern Virginia Planning Commission. Crisis text line has been expanded through the region. \$2k was given to each CSB for Youth Led Stigma reduction activities. \$5k/CSB was given for Suicide Prevention training. | Report out on. Report out on. | | |
| Northern Virginia Wounded Warrior Program | <ul style="list-style-type: none"> Service centers are spread around Northern Virginia but the program is understaffed. Vacancies are being filled. Benefit staff are expanding as well. There are a high number of combat veterans in this area. A care center will be placed in Northern Virginia. The program is working with JLARC. The name will be changing to Virginia Veterans and Family Support. Many resources can be overwhelming so Serving Together's website was recommended. DCVA 9/24 MH Summit will be held in Montgomery County. | | | |
| Budget | <p>Regional Budget</p> <ul style="list-style-type: none"> Budget was reviewed and discussed. A handout was distributed to the group. <p>Retained Earnings</p> <ul style="list-style-type: none"> Arlington's CSU, Access, has limited psych services (only for Arlington clients). Retained earnings would allow the CSU to be used more regionally so clients from other jurisdictions can get psych services. 400K was requested to be used for youth LIPOS in FY16 from retained funds. | \$400k was approved for youth LIPOS for FY16. Discuss in August. | RMG | |

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| Regional Reports | <p>Exceptions Report</p> <ul style="list-style-type: none"> The exceptions report handed out to the group and reviewed. Issues include detox and medical clearance. <p>RUG Report</p> <ul style="list-style-type: none"> The report was reviewed and discussed. It was noted that transfers from LIPOS to NVMHI are too high. Questions exist regarding private providers not taking clients. NVMHI expressed concern regarding use of LIPOS when beds are empty at NVMHI and J. Newton offered to take over LIPOS oversight. Break out jail transfers from NVMHI forensic stats. Split out one time vs. ongoing DAP costs. CSU occupancy is low. | Explore. | NVRPO | |
| Round Robin | <p>Prince William:</p> <ul style="list-style-type: none"> Two resignations have been received from contract psychs. One is a psychologist and one is a child psychiatrist. An offer was made to take J. Wilson to lunch. <p>Fairfax:</p> <ul style="list-style-type: none"> CIT training is underway. There are issues with peer grants with SA in private non-profits. It is a complicated process. <p>NVMHI:</p> <ul style="list-style-type: none"> End of year funds have been given to NVMHI for security and a video system in the hospital. <p>NVTC:</p> <ul style="list-style-type: none"> VA Tech and Radford University will begin interviewing families regarding the training center closing process. <p>DBHDS:</p> <ul style="list-style-type: none"> A program will be developing a vision for the population's health. High utilizers of medical and psychiatric hospitalization will be focused on. Excellence in MH Act and CCBHCs – grant will be entered into federal website next week. <p>G. Ambrose:</p> <ul style="list-style-type: none"> Recently travelled to San Antonio to view the CIT program which is a huge success. They have a robust homeless program and effective stakeholder consortia. The first stakeholder meeting in Fairfax will take place on 8/3/15. They have a judge who is committed and the right people are in the room for decisions. <p>Arlington:</p> <ul style="list-style-type: none"> A service design overhaul is being done. | Follow up. | D. Herr | |

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| Round Robin (cont.) | <ul style="list-style-type: none"> • ES has redeployed staff. • Care coordination is being explored. • Arlington is getting a new EHR system. <p>Loudoun:</p> <ul style="list-style-type: none"> • Care coordination is the primary service model in Loudoun. • Loudoun received a CIT grant. • Expanding care coordination is Loudoun's Virginia budget priority. <p>M. Graham:</p> <ul style="list-style-type: none"> • J. Cummins-Eisenhour is running a group for HPRII. Find 100 people who want their own housing for the 100 day challenge. The first 100 days will be spent on education. Execs will receive a thank you letter for supporting the project. | | | |

Adjournment: The meeting was adjourned at 11:30 p.m. The next meeting will be on August 28, 2015, at 9:00 a.m. in Chantilly, Suite 200 Multipurpose Room.

Julie M. Parkhurst _____ 7/24/15 _____
Recorder Date

Alan North _____ 7/24/15 _____
Chair Date